

Circle each strength you think you have

Able	Affectionate	Appreciative
Articulate	Artistic	Assertive
Athletic	Attractive	Brave
Bright	Businesslike	Calm
Candid	Caring	Clean
Committed	Common sense	Compassionate
Considerate	Cooperative	Courteous
Creative	Daring	Dedicated
Dependable	Diligent	Disciplined
Eager	Effective	Efficient
Elegant	Encouraging	Excited about life
Fair	Feeling	Forceful
Frank	Friendly	Funny
Generous	Gentle	Good cook
Good friend	Good listener	Good parent
Graceful	Grateful	Happy
Hard worker	Healthy	Helpful
Honest	Humorous	Independent
Inspiring	Intelligent	Joyful
Kid	Leader	Lovable
Loving	Loyal	Mathematical
Motivates others	Musical	Natural
Observant	Orderly	Organized
Open	Patient	Peaceful
Physically fit	Pleasant	Positive
Quick learner	Resilient	Respectful
Responsible	Risk-taker	Self-reliant
Self-confident	Sense of humor	Sensitive
Spiritual	Spontaneous	Straight forward

Strong

Trusting

Unselfish

Well-dressed

Team player

Truthful

Visionary

Tolerant

Understanding

Warm